

## ARUN U3A NETWORK - EASIER COUNTRY WALKING PROGRAMME

DATE	LEADER	WALK DESCRIPTION	LENGTH Miles (Km)	ASCENT Feet (Metres)	WALK STARTS FROM	START TIME	EXPLORER MAP NUMBER	GRID REFERENCE
16/03/2026	ROBIN	Clapham & Patching via The Monarch's Way.	5¼ (8.4)	615 (187)	Clapham Church.	10:30	121	TQ 095 066
30/03/2026	FRANK & TERESA	No Mans Land & Cissbury Ring.	5 (8)	716 (218)	Storrington Rise CP Findon.	10:30	121	TQ 129 077
13/04/2026	YVONNE	Oving & Tangmere.	4¾ (7.6)	110 (34)	Near Oving Church in Church Lane.	10:30	121	SU 901 050
27/04/2026	FRANK & TERESA	BLUEBELLS? Nore Wood.	5½ (8.9)	666 (203)	Park on road in Reynolds Lane. (Adjacent to Village Hall).	10:30	121	SU 966 078
11/05/2026	YVONNE	Duncton & Burton Park.	5½ (8.9)	445 (136)	Duncton Mill Trout Fishery CP. Dye House Lane, Duncton.	10:30	121	SU 964 167
25/05/2026	ROBIN	COMBINED WALK Tortington & Binsted.	5 (8.0)	235 (72)	Top end of Dalloway Road Arundel (just on the bend).	10:30	121	TQ 004 064
08/06/2026	MARTIN	Littlehampton & Climping.	4½ (7.2)	125 (38)	CP at top end of Littlehampton Marina off Ferry Road.	10:30	121	TQ 016 022
22/06/2026	ROBIN	Storks at Knepp Castle Estate.	6¼ (10.1)	255 (78)	Take 2nd turning to Dial Post from A24 & entrance to CP is on the right in 100m.	10:30	121/134	TQ 156 201
06/07/2026	ALAN & TED	The Gibbet & Angmering Park.	5½ (8.9)	493 (150)	Dover Lane CP (Access from Eastbound carriageway of A27 only).	10:30	121	TQ 061 063

**Meet at start of walks.**  
**If weather is doubtful I will confirm by email at 08:30.**  
**Bring drinks and a picnic lunch.**