ARUN U3A NETWORK - EASIER COUNTRY WALKING PROGRAMME

DATE	LEADER	WALK DESCRIPTION	LENGTH Miles (Km)	ASCENT Feet (Metres)	WALK STARTS FROM	START TIME	EXPLORER MAP NUMBER	GRID REFERENCE
20/07/2026	ROBIN	Amberley Wild Brooks.	5¾ (9.3)	350 (107)	Amberley Church.	10:30	121	TQ 028 131
03/08/2026	TED	Arundel Park and the River Arun.	4 (6.4)	300 (91)	Far end of Mill Road just before the bridge (Meet outside café).	10:30	121	TQ 019 079
17/08/2026	YVONNE	The Serpents Trail, Burton Mill Pond, & Coates Church.	5½ (8.9)	368 (112)	**NEW** Lord's Piece Car Park (Access from Coates Lane).	10:30	121	SU 983 184
31/08/2026	ROBIN	COMBINED WALK Petworth Park & The River Rother.	5½ (8.9)	541 (165)	Layby opposite first entrance gate to Petworth Park on the A272.	10:30	133	SU 973 214
14/09/2026	TED	Arundel Park, South Stoke, & back by the River Arun.	5½ (8.9)	613 (187)	Far end of Mill Road just before the bridge (Meet outside café).	10:30	121	TQ 019 079
28/09/2026	FRANK & TERESA	Parham Park & Parham Airfield.	4¾ (7.6)	350 (107)	RSPB Pulborough Brooks Car Park (Share cars - Non Members pay £3.00 per day to park).	10:30	121	TQ 059 164
12/10/2026	MARTIN	Angmering & Poling.	5 (8.0)	160 (49)	Decoy Drive, Angmering.	10:30	121	TQ 066 050
26/10/2026	MARTIN	Flat walk from Flansham.	4¾ (7.6)	100 (30)	Park in Hoe Lane.	10:30	121	SU 961 012
09/11/2026	FRANK & TERESA	Slindon & Stane Street.	6 (9.7)	615 (187)	Park near The College in Top Road, Slindon.	10:30	121	SU 960 085

Meet at start of walks.
If weather is doubtful I will confirm by email at 08:30.
Bring drinks and a picnic lunch.

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